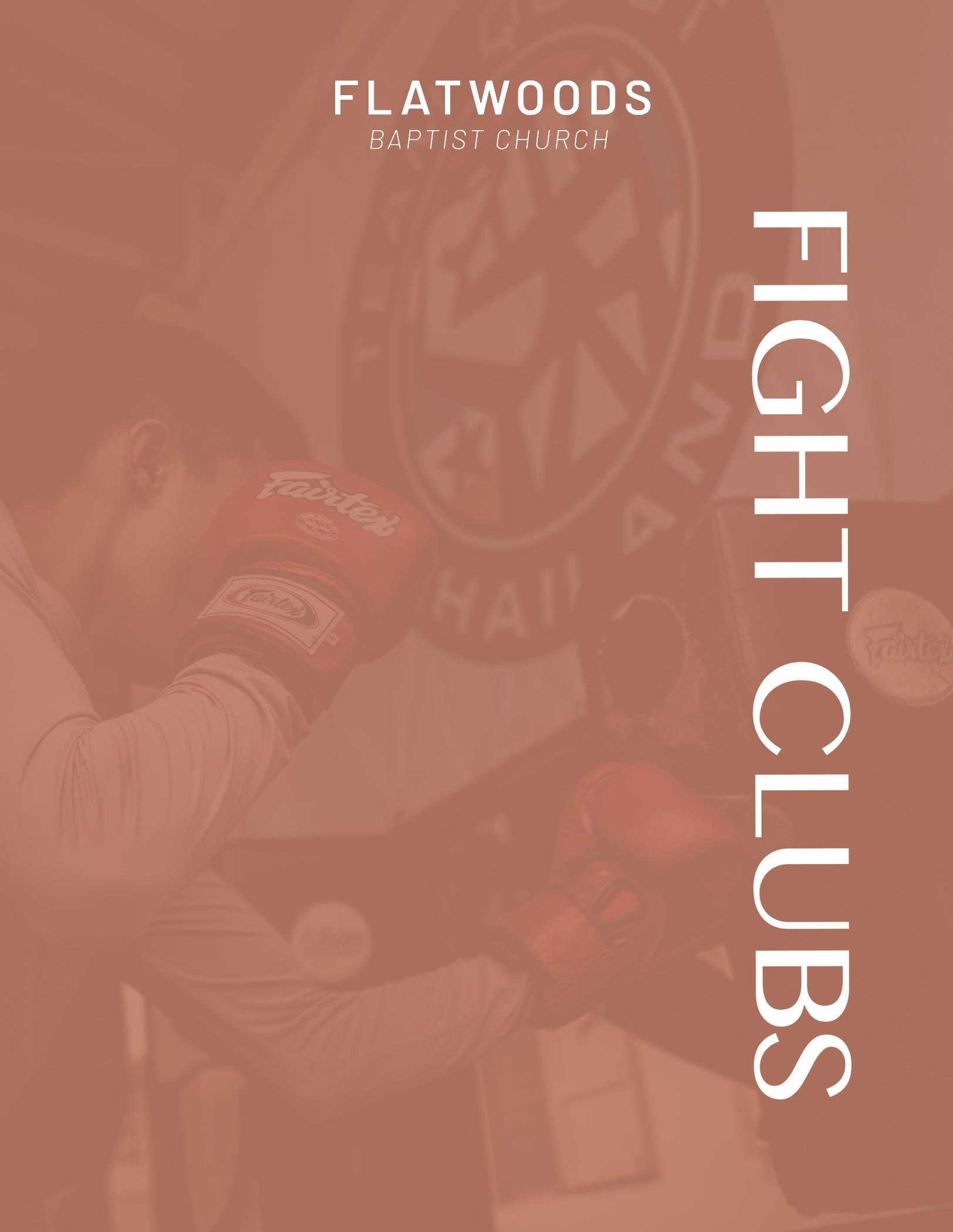


FLATWOODS  
BAPTIST CHURCH

# FIGHHT CLUBS



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FIGHT SIN | FIGHT FOR TRUST IN KING JESUS

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Fight Clubs are highly relational accountable discipleship groups that are driven by the Word of God, relationally dynamic, and gospel-centered.

That is a lot in one sentence. So here is the deal. One way to begin growing in wisdom as a disciple of Jesus is connecting with other disciples in a Fight Club. We've learned that it is hard to walk the Christian life alone. Actually, it was never meant to be that way. There are so many internal and external struggles in life, sin is a daily reality, and the flesh tends to pull us in the direction we least desire. We think disciples need other disciples in their life so they can continue to be discipled. Get connected in a Fight Club today!

Fight Clubs are simple groups of 2-4 men or women who meet regularly to walk through scripture, fight sin and encourage one another in Christ. Men meet with men and women meet with women.

How to get started?

## **PEOPLE**

Fight Clubs involve people who build a close relationship. We keep them small enough to be transparent, mirroring what we see Jesus doing in scripture. So, pick people who you know and trust. When Fight Clubs have a solid level of trust the more committed they will be. We have found 2-4 people is best. A group of 3-4 is optimal, but sometimes 2 people is necessary. Anything over that, and people get left out.

## **TIME**

One of the first steps you will want to take is picking a day and time to meet. Get out your calendars, and together select a good time to meet once a week or every other week. Lock in at least 1 hour for your time together. Also, select a quiet place where you can comfortably talk and read scripture. This time needs to be regular and committed.

## **BIBLE**

What better place to start your discussion than the Bible? Yes, you'll want to select a book of the bible to read together. This step is very important, as your Fight Club strives to allow scripture and the Spirit to guide your conversations about life, sin, temptation, joys and heartaches. We recommend, as we have gained from others, taking the **Text - Theology - Life** form. Look at the Bible together (Text), discuss the meaning of the text (Theology), and then make life application (Life). Making the Word of God central is paramount to remain word and gospel-centered. If you don't take this route you'll end up spending all your time talking about life, leaving out the most vital piece of biblical counsel.

## **RESOURCE**

We discovered a great resource to help you get started... [Fight Club: An Intro](#)

## **QUESTIONS**

Want to know more about what fight clubs are and how you can get this started in your life? Are you interested in starting a Fight Club? Do you want to have other disciples around you to speak into your life and reminding you of the gospel? Do you truly desire to be freed from the sin that has gripped you for so long? Start a Fight Club. Begin by talking to one of our pastor or even your connect group leader.

## **FLATWOODS BAPTIST CHURCH**

Office - 870.269.3638